

October Menu

	Lunch	3:30 Snack
Wednesday, October 1	Cheddar Broccoli Rice Casserole, Mandarin Oranges & Milk	Veggie Straws & Pepperoni
Thursday, October 2	Ground Turkey Tacos, Black Beans, Pineapple & Milk	Animal Crackers & Craisins
Friday, October 3	Chicken Spaghetti, Lima Beans, Pears & Milk	Strawberry Go-Gurt & Goldfish
Monday, October 6	Sloppy Joe Sliders, Mashed Potatoes, Peaches & Milk	Vanilla Wafers & Banana Pudding
Tuesday, October 7	Brown Gravy Meatballs w/ Brown Rice, Lima Beans, Pineapple & Milk	Graham Crackers & Raisins
Wednesday, October 8	Tex Mex Chicken w/ Rice & Black Beans, Pears & Milk	Whole Wheat Crackers & Sliced Cheese
Thursday, October 9	Broccoli Alfredo, Mandarin Oranges & Milk	Veggie Straws & Pepperoni
Friday, October 10	Spaghetti w/ Meat Sauce, Green Beans, Applesauce & Milk	Strawberry Go-Gurt & Goldfish
Monday, October 13	Turkey Pot Roast Stroganoff, Lima Beans, Pineapple & Milk	Blueberry Yogurt Parfait
Tuesday, October 14	Brunch For Lunch– Hashbrown Casserole w/ Sausage, Peaches & Milk	Whole Wheat Crackers & Sliced Cheese
Wednesday, October 15	Macaroni & Cheese, Green Beans, Mandarin Oranges & Milk	Veggie Straws & Pepperoni
Thursday, October 16	BBQ Chicken w/ Brown Rice, Purple Hull Peas, Pears & Milk	Cheerios & Bananas
Friday, October 17	Hamburger Sliders, Baked Beans, Applesauce & Milk	Strawberry Go-Gurt & Goldfish
Monday, October 20	Cheesy Chicken Noodle Casserole Bake, Purple Hull Peas, Pineapple & Milk	Whole Wheat Crackers & Sliced Cheese
Tuesday, October 21	Turkey Pot Roast, Mashed Potatoes, Pears & Milk	Graham Crackers & Craisins
Wednesday, October 22	Spaghetti w/ Meatballs, Green Beans, Mandarin Oranges & Milk	Peach Yogurt Parfait
Thursday, October 23	Pasta Primavera, Peaches & Milk	Veggie Straws & Pepperoni
Friday, October 24	Cheesy Rice & Sausage Casserole, Lima Beans, Applesauce & Milk	Strawberry Go-Gurt & Goldfish
Monday, October 27	Baked Chopped Steak w/ Gravy, Mashed Potatoes, Pears & Milk	Vanilla Wafers & Banana Pudding
Tuesday, October 28	Chicken Etouffee, Lima Beans, Pineapple & Milk	Graham Crackers & Raisins
Wednesday, October 29	Cheese Tortellini Bake, Green Beans, Peaches & Milk	Veggie Straws & Pepperoni
Thursday, October 30	Chicken w/ Yellow Rice & Black Beans, Mandarin Oranges & Milk	Whole Wheat Crackers & Sliced Cheese
Friday, October 31	Ham & Cheese Sliders, Veggie Straws, Applesauce & Milk	Animal Crackers & Craisins

*Items in green are vegetarian meals.



Growing Room News

Loving and Learning The Growing Room Way.

October 2025



Fall Festival Friday, October 31st

On Friday, October 31st, all centers will celebrate the fall season with a Fall Festival in the morning. Children are invited to wear their costumes to school (nothing scary, please). Make sure to send a change of clothes so the children can change after the fall festival. We are asking that each family please provide one bag of approved individually packaged treats (Goldfish, Veggie Straws, Raisins, etc.) or other age-appropriate trinkets/toys (Tattoos, balls, etc.) for the children in your child's class by Friday, October 24th. During the Fall Festival, children will enjoy a variety of fun games and activities. Be sure to check with your center for the Fall Festival schedule for your child's classroom.



We invite you to join Growing Room as we GO PINK for Breast Cancer Awareness.

Monday, October 13th, we will kick off our week-long fundraising event to raise money and awareness for breast cancer. All proceeds from the change drive will go directly back to the Joanna Francis Living Well Foundation. The class that raises the most money from October 13th-17th will win a popsicle party during the week of October 20th.

On Friday, October 17th, we will conclude our fundraising efforts by wearing pink and enjoying cookies and pink lemonade.

October Parent Reminders



1st Come to School Wearing Pink
8th Come to School Dressed as a Firefighter
13th-17th Breast Cancer Awareness Change Drive
17th Come to School Wearing Pink
17th Cookies and Pink Lemonade Celebration
21st Come to School Dressed Like a Farmer
30th Come to School Wearing Orange
31st Fall Festival

Poinsettia Orders

It is that time of year! Growing Room is collecting orders for poinsettias! Order forms will go out Monday, October 13th. All orders must be received no later than Friday, October 31st. Poinsettias are \$12 each for 6.5" foil covered pot with 5-7 blooms 16-18 in. tall.

All proceeds will go toward adopting local families in need for the holidays.

Thank you for your support!



Pumpkin Decorating Contest

Get ready for some fall fun! You and your child are invited to participate in our annual Pumpkin Decorating Contest. You can decorate your pumpkin any way you like, using any materials of your choice. Be creative, have fun, and let your imagination shine!

Pumpkin Drop-Off: Bring your decorated pumpkin to the center by Wednesday, October 29th

Judging Begins: Thursday, October 30th

Winners will be announced on Friday, October 31st

If you have any questions, feel free to speak with a Center Director.

We can't wait to see your spooky, silly, and creative pumpkins!
Happy decorating!



MAKING A DIFFERENCE EMPLOYEE FOR OCTOBER

Growing Room Welaunee
Ms. Teresa Wilson
PreK Lead Teacher

Ms. Teresa has been a cherished member of our Growing Room Family since August 2020. She plays an essential role on our team, showing genuine love and care for every child in her classroom. Whether she's reading stories, engaging in center time, or singing cheerful songs that echo through the halls, Ms. Teresa's joy shines brightly and brings smiles to everyone around her. She has created a warm and inspiring classroom filled with creativity, art, laughter, and meaningful learning experiences. With dedication and passion, she prepares her PreK children for VPK, sparking a love for learning that is truly contagious. Thank you, Ms. Teresa, for your exceptional work and for being a shining example of the Growing Room Way. We are so grateful to have you as part of our Family!

Growing Room Bradfordville
Ms. Cierra Linden
K2C

Ms. Cierra became part of our Growing Room Family in September 2023, and since then she has worn many hats—each with joy, dedication, and hard work. Her creativity shines through in her engaging teaching strategies as well as her bright and welcoming classroom décor. She brings energy and fun into each day with her love for singing, dancing, and even being a little silly, which the children absolutely adore. Beyond her talents in the classroom, Ms. Cierra takes time to build meaningful relationships with her students and their families, making everyone feel valued and connected. Her enthusiasm, creativity, and caring spirit make her a wonderful part of our team, and we are so grateful for the positive impact she continues to have on our Growing Room Family.

Growing Room Metropolitan
Ms. Giselle Tirado
Infant 2 Para Pro

Ms. Giselle joined the Growing Room team in August 2025. As one of our dedicated 1-year-old teachers, she brings patience, professionalism, and a true passion for early childhood education into her classroom each day. Her calm and nurturing presence helps our youngest learners feel safe, loved, and ready to explore the world around them. Ms. Giselle is intentional in creating a warm and engaging environment, filled with opportunities for growth, discovery, and joy. Whether she is guiding little ones through important developmental milestones, encouraging their curiosity, or celebrating their small successes, her dedication is evident in everything she does. Thank you, Ms. Giselle, for your outstanding commitment, your heart for teaching, and the shining example you set each day of the Growing Room Way. We are truly grateful to have you as part of our team.

We appreciate all you do for our Growing Room Families!

October Character Education: Being Truthful & Honest

At Growing Room, we believe that building strong character starts early, and one of the most important traits we can nurture in young children is honesty. By introducing the value of honesty at a young age, we help lay the foundation for a lifetime of trust, integrity, and responsible behavior.

Throughout the month, your child will explore what it means to be honest through a variety of engaging activities, including:

- Storytime with books that highlight truthful behavior
- Character Critter stories that illustrate real-life examples
- Interactive lessons and classroom discussions
- Teacher role modeling of honest behavior
- Positive reinforcement to encourage telling the truth and making good choices

Here are a few key lessons your child will be learning:

- ✓ Always tell the truth, even when it's hard.
- ✓ Keep your word, do what you say you're going to do.
- ✓ Respect others' belongings, don't take things that aren't yours.

We encourage you to continue the conversation at home by pointing out and celebrating honest behavior when you see it. Together, we can help your child grow into a trustworthy and responsible individual! Thank you for being a part of this important journey.

