

October Menu

	Lunch	3:30 Snack
Wednesday, October 1	Cheddar Broccoli Rice Casserole, Mandarin Oranges & Milk	Veggie Straws & Pepperoni
Thursday, October 2	Ground Turkey Tacos, Black Beans, Pineapple & Milk	Animal Crackers & Craisins
Friday, October 3	Chicken Spaghetti, Lima Beans, Pears & Milk	Strawberry Go-Gurt & Goldfish
Monday, October 6	Sloppy Joe Sliders, Mashed Potatoes, Peaches & Milk	Vanilla Wafers & Banana Pudding
Tuesday, October 7	Brown Gravy Meatballs w/ Brown Rice, Lima Beans, Pineapple & Milk	Graham Crackers & Raisins
Wednesday, October 8	Tex Mex Chicken w/ Rice & Black Beans, Pears & Milk	Whole Wheat Crackers & Sliced Cheese
Thursday, October 9	Broccoli Alfredo, Mandarin Oranges & Milk	Veggie Straws & Pepperoni
Friday, October 10	Spaghetti w/ Meat Sauce, Green Beans, Applesauce & Milk	Strawberry Go-Gurt & Goldfish
Monday, October 13	Turkey Pot Roast Stroganoff, Lima Beans, Pineapple & Milk	Blueberry Yogurt Parfait
Tuesday, October 14	Brunch For Lunch– Hashbrown Casserole w/ Sausage, Peaches & Milk	Whole Wheat Crackers & Sliced Cheese
Wednesday, October 15	Macaroni & Cheese, Green Beans, Mandarin Oranges & Milk	Veggie Straws & Pepperoni
Thursday, October 16	BBQ Chicken w/ Brown Rice, Purple Hull Peas, Pears & Milk	Cheerios & Bananas
Friday, October 17	Hamburger Sliders, Baked Beans, Applesauce & Milk	Strawberry Go-Gurt & Goldfish
Monday, October 20	Cheesy Chicken Noodle Casserole Bake, Purple Hull Peas, Pineapple & Milk	Whole Wheat Crackers & Sliced Cheese
Tuesday, October 21	Turkey Pot Roast, Mashed Potatoes, Pears & Milk	Graham Crackers & Craisins
Wednesday, October 22	Spaghetti w/ Meatballs, Green Beans, Mandarin Oranges & Milk	Peach Yogurt Parfait
Thursday, October 23	Pasta Primavera, Peaches & Milk	Veggie Straws & Pepperoni
Friday, October 24	Cheesy Rice & Sausage Casserole, Lima Beans, Applesauce & Milk	Strawberry Go-Gurt & Goldfish
Monday, October 27	Baked Chopped Steak w/ Gravy, Mashed Potatoes, Pears & Milk	Vanilla Wafers & Banana Pudding
Tuesday, October 28	Chicken Etouffee, Lima Beans, Pineapple & Milk	Graham Crackers & Raisins
Wednesday, October 29	Cheese Tortellini Bake, Green Beans, Peaches & Milk	Veggie Straws & Pepperoni
Thursday, October 30	Chicken w/ Yellow Rice & Black Beans, Mandarin Oranges & Milk	Whole Wheat Crackers & Sliced Cheese
Friday, October 31	Ham & Cheese Sliders, Veggie Straws, Applesauce & Milk	Animal Crackers & Craisins