

<div>*Items in green are vegetarian meals.</div> <div>June Menu</div>		
	Lunch	3:30 Snack
Monday, June 2	Chicken Spaghetti, Purple Hull Peas, Mandarin Oranges & Milk	Vanilla Wafers & Banana Pudding
Tuesday, June 3	Chicken w/ Yellow Rice & Black Beans, Pears & Milk	Graham Crackers & Raisins
Wednesday, June 4	Broccoli Alfredo, Pineapple & Milk	Whole Wheat Crackers & Pepperoni
Thursday, June 5	Brown Gravy Meatballs, Mashed Potatoes, Peaches & Milk	Strawberry Go-Gurt & Goldfish
Friday, June 6	Ham & Cheese Sliders, Roasted Potatoes, Applesauce & Milk	Veggie Straws & Craisins
Monday, June 9	Spaghetti w/ Meat Sauce, Green Beans, Mandarin Oranges & Milk	Whole Wheat Crackers & Sliced Cheese
Tuesday, June 10	Ground Turkey Tacos, Black Beans, Pineapple & Milk	Animal Crackers & Chocolate Pudding
Wednesday, June 11	Baked Chopped Steak, Mashed Potatoes, Peaches & Milk	Strawberry Go-Gurt & Goldfish
Thursday, June 12	Cheddar Broccoli Rice Casserole, Pears & Milk	Veggie Straws & Pepperoni
Friday, June 13	Turkey & Cheese Sliders, Tater Tots, Applesauce & Milk	Graham Crackers & Raisins
Monday, June 16	BBQ Chicken Sliders, Mashed Potatoes, Pears & Milk	Whole Wheat Crackers & Sliced Cheese
Tuesday, June 17	Brown Gravy Meatballs w/ Brown Rice, Lima Beans, Mandarin Oranges & Milk	Graham Crackers & Vanilla Pudding
Wednesday, June 18	Cheese Tortellini, Green Beans, Pineapple & Milk	Veggie Straws & Pepperoni
Thursday, June 19	Chicken Divan w/ Broccoli, Peaches & Milk	Strawberry Go-Gurt & Goldfish
Friday, June 20	Ham & Cheese Sliders, Roasted Potatoes, Applesauce & Milk	Animal Crackers & Craisins
Monday, June 23	Spaghetti w/ Meatballs, Green Beans, Pineapple & Milk	Vanilla Wafers & Banana Pudding
Tuesday, June 24	Ground Turkey Tacos, Black Beans, Peaches & Milk	Whole Wheat Crackers & Sliced Cheese
Wednesday, June 25	BBQ Chicken w/ Brown Rice, Purple Hull Peas, Pears & Milk	Strawberry Go-Gurt & Goldfish
Thursday, June 26	Macaroni & Cheese, Lima Beans, Mandarin Oranges & Milk	Veggie Straws & Pepperoni
Friday, June 27	Turkey & Cheese Sliders, Tater Tots, Applesauce & Milk	Graham Crackers & Raisins
Monday, June 30	Sloppy Joe Sliders, Mashed Potatoes, Peaches & Milk	Whole Wheat Crackers & Sliced Cheese
Tuesday, July 1	Chicken Parmesan Pasta Bake, Green Beans, Mandarin Oranges & Milk	Strawberry Go-Gurt & Goldfish
Wednesday, July 2	Broccoli Alfredo, Pears & Milk	Veggie Straws & Pepperoni



June 2025

Water Play Fridays

We're splashing into fun every Friday during morning outside time throughout the summer! The children will enjoy water games and sensory tables filled with cool water; it's sure to be a blast!



Please send your child to school wearing:

- Swimsuit
- Water Shoes
- Sunscreen

Also, don't forget to pack and label:

- Swim Diaper- if not potty trained
- A Towel
- A Full Change of Dry Clothes
- A Pair of Shoes
- A Plastic Bag for Wet Clothes/Shoes



After all the water play fun, the children will change into dry clothes so they can enjoy the rest of the day.

We can't wait for a day full of splashes, smiles, and summertime fun!



June Parent Reminders

June 4th
Come To School Wearing Yellow

June 12th
Come To School Dressed Like A Fish

June 13th
Father's Day Breakfast 7:30 am- 9:00 am

June 18th
Come To School Dressed Like A Dolphin Or Whale

June 24th
Come To School Dressed Like A Scuba Diver



Father's Day Breakfast

Friday, June 13th
7:30 AM – 9:00 AM

We would be honored to have our Growing Room dads join us for a special morning!

Take a few moments before your day begins to enjoy a delicious breakfast and some quality time with your child. It's a simple but meaningful way to celebrate the love, laughter, and unforgettable bond you share.

We're grateful for all the love and support our Growing Room dads give—this morning is for you!

We hope to see you there!

Congratulations

Mrs. Cynthia Barclay is celebrating her 15th anniversary with Growing Room Tallahassee this month! After years of showcasing her skills in the classroom, she joined the admin team at our Metropolitan location in October 2022. Mrs. Cynthia's classroom experience brings a wealth of knowledge to our teachers and aides them in coming up with creative ways for the children to learn. We are so appreciative for all that Mrs. Cynthia does!

Congratulations on your 15 years!

Ms. Virginia Norwood is celebrating her 15th anniversary with Growing Room Tallahassee this month! Over the years, she has served as a teacher, assistant director, and has been a director at our Welaunee location since 2022. Ms. Virginia brings an amazing energy to her center, encouraging her staff and offering support and love to all her families. Growing Room would not be what it is without Ms. Virginia!

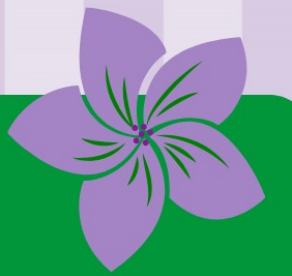
Congratulations on your 15 years!

Mrs. Lisa Owens is celebrating her 15th anniversary with Growing Room Tallahassee this month! Throughout her 15 years, Mrs. Lisa has been a teacher, assistant director, center director, and has been Growing Room's COO since 2018. Her continued support to all of our administration, teachers, and families truly makes her the backbone of Growing Room. We could not do what we do without Mrs. Lisa! Thank you for your dedication to Growing Room Tallahassee!

Congratulations on your 15 years!



Making A Difference Employee for June



Growing Room Welaunee
Ms. Breanna Lake
K3B Lead Teacher

Ms. Breanna has been part of the Growing Room family since October of 2024. She is a versatile teacher that is comfortable in many areas. Ms. Breanna helps her kids flourish by providing activities that are engaging and encouraging them to explore. She is willing to assist her fellow colleagues in the classroom or coming up with ideas for their bulletin board. We are grateful for Ms. Breanna and everything you do.

Growing Room Bradfordville
Ms. Ansley Willis
K2A Para Pro

Ms. Ansley began working at Growing Room Bradfordville in September 2024. As a floater, she was always ready to jump in wherever she was needed and recently has found her home with our 2 year olds. Ms. Ansley loves to snuggle, read stories, laugh and be creative with the children in her classroom. She always has a smile on her face and it shows in her work each day. We are so thankful for Ms. Ansley and all that she does!

Growing Room Metropolitan
Ms. Guerda Julian
Infant Para Pro

Ms. Guerda joined the Growing Room Metropolitan team in April 2025. Her gentle, nurturing spirit makes her a truly special presence in our infant rooms. Ms. Guerda can always be found snuggling and loving the babies in the classroom. She welcomes everyone who enters the room and enjoys getting to know all the little ones and their families. We are beyond grateful that Ms. Guerda joined our Growing Room Metropolitan infant team!

We appreciate all you do for our Growing Room Families!

Congratulations to the Growing Room Class of 2025



We are so proud of our graduates! Thank you for a wonderful year! Growing Room wishes you much success in Kindergarten!

Love & Learning: The Growing Room Way



Stimulate your Child's Mind

Learning doesn't have to stop for your child once school gets out for summer. Embrace everyday education in activities like baking, which can teach principles like math, science, and nutrition. Take every opportunity to answer the "why?" questions...even unremarkable moments can be teachable.



June Character Education: Friendship



In preschool, friendship is everything! Learning how to make and keep friends is a vital part of early childhood development—and an important life skill that helps shape a child's social and emotional well-being.

This month, our focus is on what it means to be a good friend. The children will learn that:

- Good friends are kind
- Good friends help each other
- Good friends share
- Good friends stick together
- Good friends care for one another

Our teachers will guide children through conversations, stories, role-playing, and real-life practice to help them understand what friendship looks and feels like. They'll talk about how friends treat one another, how to handle conflict kindly, and the joy of including others in play.

Children will also learn that:

- It's okay to have more than one friend
- Friends help us feel connected to the world around us
- Friendship builds confidence and self-esteem
- The best way to have a friend is to be a friend

Through these lessons, we aim to foster a classroom environment filled with kindness, empathy, and connection—where every child feels seen, valued, and included.